

Contributors

Lauren Braden is Seattle Audubon's Advocate for Wildlife Habitat. She organizes citizens to advocate for the protection of birds and habitat in the urban area, coordinates the naturesscaping program called *Gardening for Life* and researched and wrote the Activist Toolkit.

Bob Simmons is a Seattle citizen activist and freelance writer with nearly 50 years in professional journalism for print and broadcast, most of it relating to land and its uses.

Jennifer Leach (photographer) has been a freelance photographer for ten years. She is currently studying wildlife science at the University of Washington.

Marilyn Milberger (book design, illustration) is an artist and graduate of the Seattle Audubon Master Birder program.

Tess Present is an ecologist, marine scientist and avid gardener. She is the Director of *Audubon At Home*, National Audubon's new program to engage the public in improving the environmental health and habitat quality of backyards and community spaces.

Contacts and Resources

Organizations:

Seattle Audubon Society

Protecting birds and the natural environment by involving volunteers and the community in education, advocacy, preservation, science and enjoyment
8050 35th Ave NE
Seattle, WA 98115
(206) 523-8243
www.seattleaudubon.org

National Audubon Society

Dedicated to protecting birds and other wildlife and the habitat that supports them
700 Broadway
New York, NY 10003
(212) 979-3000
www.audubon.org

Northwest Coalition for Alternatives to Pesticides

Protecting people and the environment by advancing healthy solutions to pest problems
PO Box 1393, Eugene OR 97440
(541) 344-5044
www.pesticide.org

Seattle Tilth

Hands-on education about organic gardening, supporting local farms, and more
4649 Sunnyside Avenue North, Room 1
Seattle, Washington 98103
(206)633-0451
www.seattletilth.org

Washington Native Plant Society

Provides botanical expertise and opportunities for all to share in the enjoyment of Washington's native flora
7400 Sand Point Way NE
Seattle, WA 98115
(206) 527-3210
www.wnps.org

Washington Toxics Coalition

Promotes alternatives, advocates policies, empowers communities, and educates people to create a healthy environment
4649 Sunnyside Ave N Suite 540
Seattle, WA 98103
(206) 632-1545
www.watoxics.org

WSU Cooperative Extension in King County

Comprehensive resource for information about gardening, farming, pesticides, environmental stewardship, native plants, water conservation, and more
Department of Natural Resources and Parks
919 SW Grady Way, Suite 120
Renton, WA 98055-2980
(206) 205-3100
<http://ext.wsu.edu/ce.cahe/programs/contents.html>

Government Contacts:

U.S. Environmental Protection Agency Office of Pesticide Programs

Ariel Rios Building
1200 Pennsylvania Avenue, NW
Washington, DC 20460
www.epa.gov/pesticides

King County

Hazardous Waste Management Program
Least toxic pest control, natural lawn care, pesticide disposal
(206) 263-3064
<http://www.metrokc.gov/hazwaste/house>

City of Seattle

Office for Sustainability and Environment
Pesticide Reduction Program
(206) 615-0817
<http://www.cityofseattle.net/environment/pesticides.htm>

References and Further Reading

The following booklets may be ordered by mail or downloaded free of charge:

The Activist Toolkit: A Citizen's Guide to Protecting the Environment

Published by the Seattle Audubon Society, 2000
(206) 523-8243 x14

<http://www.seattleaudubon.org/Conservation/ConservationActivism/ActivistToolkit.html>

Growing Trends: Successful Strategies for Reducing Pesticides in Public Places

A Washington Toxics Coalition Report, 2002
(206) 632-1545

www.watoxics.org

Pesticide Action Kit

Published by the Clean Water for Salmon Campaign, 2002

541-344-5044 ext. 17

<http://www.pesticide.org/SalmonActionKitNews.html>

The Maritime Northwest Garden Guide

Planning Calendar for Year-Round Organic Gardening

Published by Seattle Tilth

(206) 633-0451

<http://www.seattletilth.org/gardenguide.html>

Books:

American Wildlife and Plants, A Guide to Wildlife Food Habits

Alexander C. Martin, Herbert S. Zim and Arnold L. Nelson

Dover Publications, 1961

Bird Gardens: Welcoming Wild Birds to Your Yard

Stephen W. Kress, ed.

Brooklyn Botanic Garden, Inc, 21st Century Gardening Series, 1998

Birds of North America

Kenn Kaufman

Houghton Mifflin Company, 2000

The Butterflies of Cascadia

Robert Michael Pyle

Seattle Audubon Society Publishing, 2002

Dragonflies of Washington

Dennis Paulson

Seattle Audubon Society Publishing, 1999

Gardening with Native Plants of the Pacific Northwest

Arthur R. Kruckeberg

University of Washington Press, 1996

Going Native: Biodiversity in Our Own Backyards

Janet Marinelli, ed.

Brooklyn Botanic Garden, Inc, 21st Century Gardening Series, 2000

Growing and Propagating Wild Flowers

Harry R. Phillips

University of North Carolina Press, 1985

Hummingbird Gardens: Turning Your Yard into Hummingbird Heaven

Stephen W. Kress, ed.

Brooklyn Botanic Garden, Inc, 21st Century Gardening Series, 2000

Insects and Gardens

Eris Grissell

Timber Press, 2001

Invasive Plants: Weeds of the Global Garden

John M. Randall and Janet Marinelli, eds.

Brooklyn Botanic Garden, Inc, 21st Century Gardening Series, 1996

Landscaping for Wildlife in the Pacific Northwest

Russell Link

University of Washington Press, 1999

Mammals of the Northwest

Earl Larrison

Seattle Audubon Society, 1976

National Audubon Society: The Bird Garden

Stephen W. Kress

Dorling Kindersley, 1995

The Natural Habitat Garden

Ken Druse

Clarkson Potter publishers, 1994

Noah's Garden

Restoring the Ecology of our Own Backyards

Sara Stein

Houghton Mifflin Company, 1993

The Once and Future Forest: A Guide to Forest Restoration Strategies

Leslie Jones Sauer

Island Press, 1998

The Orchard Mason Bee

Brian Griffin

Knox Cellars Publishing, 1993

Redesigning the American Lawn:

A Search for Environmental Harmony (2nd ed.)

Herbert F. Bormann, Diane Balmori, and Gordon T. Geballe.

Yale University Press, 2001

Roadside Use of Native Plants

Bonnie L. Harper-Lore and Maggie Wilson, eds.
Island Press 2000

Stalking the Wild Amaranth:**Gardening in the Age of Extinction**

Janet Marinelli

Henry Holt and Co. 1998

The Wild Lawn Handbook:**Alternatives to the Traditional Front Lawn**

Stevie Daniels

Macmillan: Hungry Minds, Inc. 1997

Web Resources:**National Audubon Society,****Audubon At Home program:**

http://www.audubon.org/bird/at_home

American Community Gardening Association

offers numerous resources, many free-of-charge,
for starting and supporting a community garden:

<http://www.communitygarden.org/index.html>

Beyond Pesticides

state-by-state listing of pesticide issues and
resources:

<http://www.beyondpesticides.org/main.html>

Brooklyn Botanic Garden**Gardening Information web page:**

<http://www.bbg.org/gar2/>

**Cooperative State Research, Education, and
Extension Service Directory of state partners:**

<http://www.reeusda.gov/statepartners/usa.htm>

Earth 911

search by zip code to find local recycling centers,
hazardous waste disposal sites, and other home
and community conservation resources

<http://www.earth911.org>

National Pesticide Information Center

General Pesticide Information web page provides
objective, science-based information on a wide
variety of pesticide-related subjects:

<http://npic.orst.edu/gen.htm>

OR call toll-free, 1-800-858-7378 6:30 a.m. to
4:30 p.m. Pacific time, 7 days a week, excluding
holidays

**Native Plant Societies of the United States and
Canada**

list compiled and posted by the Michigan
Botanical Club:

[http://michbotclub.org/links/
native_plant_society.htm](http://michbotclub.org/links/native_plant_society.htm)

Plant Native

Dedicated to moving native plants and
naturescaping into mainstream landscaping
practices

www.plantnative.com

**United States Department of Agriculture,
Natural Resources Conservation Service,
Backyard Conservation:**

<http://www.nrcs.usda.gov/feature/backyard/>

**United States Department of Agriculture,
Natural Resources Conservation Service Plants
Database—Invasive & Noxious data report**

provides Federal and state noxious weed lists, an
invasive plant list, and an introduced plant list,
each with links to further information:

http://plants.usda.gov/cgi_bin/noxious.cgi#contents

**United States Environmental Protection Agency,
Office of Pesticide Programs:**

<http://www.epa.gov/pesticides/>

**WaterWiser, The Water Efficiency
Clearinghouse:**

<http://www.waterwiser.org>

Birds of Seattle's Parks and Gardens

A partial list of birds to look for in the city

| | |
|---------------------------|------------------------|
| Pied-billed Grebe | Red-breasted Nuthatch |
| Double-crested Cormorant | Winter Wren |
| Great Blue Heron | Bewick's Wren |
| Mallard | Marsh Wren |
| Northern Shoveler | Golden-crowned Kinglet |
| Gadwall | Ruby-crowned Kinglet |
| American Wigeon | American Robin |
| Sharp-shinned Hawk | Cedar Waxwing |
| Cooper's Hawk | European Starling |
| Red-tailed Hawk | Hutton's Vireo |
| Merlin | Warbling Vireo |
| California Quail | Orange-crowned Warbler |
| American Coot | Yellow-rumped Warbler |
| Killdeer | Yellow Warbler |
| Band-tailed Pigeon | Wilson's Warbler |
| Rock Dove | Common Yellowthroat |
| Anna's Hummingbird | Spotted Towhee |
| Rufous Hummingbird | Savannah Sparrow |
| Downy Woodpecker | Song Sparrow |
| Pileated Woodpecker | Golden-crowned Sparrow |
| Northern Flicker | White-crowned Sparrow |
| Tree Swallow | Dark-eyed Junco |
| Violet-green Swallow | Red-winged Blackbird |
| Cliff Swallow | Brewer's Blackbird |
| Barn Swallow | Brown-headed Cowbird |
| Steller's Jay | House Finch |
| American Crow | Pine Siskin |
| Black-capped Chickadee | American Goldfinch |
| Chestnut-backed Chickadee | Evening Grosbeak |
| Common Bushtit | House Sparrow |

