

ROCKY MOUNTAIN ADVENTURES
Audubon Camp in the Rockies



GENERAL INFORMATION
July 13 – July 19, 2002

The Program at Tensleep Preserve

Programs begin with your arrival between 4:00 and 5:00 p.m. on Saturday, July 13th. After settling into camp and sharing the first evening's meal, you will take a short hike out to our "sunset spot" for an introduction to the Preserve and to the week's activities. Each day you will go on half- or full-day hikes led by our faculty. Evening activities will include sunset strolls, slide presentations, music, and local folklore. The program ends Friday, July 19th after breakfast and a brief morning session.

Travel Information

The Audubon Camp will be located at The Nature Conservancy's Tensleep Preserve, 30 minutes south of the town of Ten Sleep. The town of Ten Sleep (pop. 300) is located in north central Wyoming and has a gas station, a small grocery store, a small museum, two cafes and two bars. An ATM machine is located in the gas station. Access from town is via a gravel road that is suitable for any car.

There are several options for getting to the Audubon Camp at Tensleep. Many guests find it convenient to rent a car and visit some of the many regional attractions before or after their stay at the camp (Yellowstone is only 3 hours away). For free copies of the *Wyoming Vacation Guide* and *Wyoming Visitor Vacation Directory* please contact:

Wyoming Division of Tourism
I-25 at College Dr.
Cheyenne, WY 82002
(307) 777-7777
www.wyomingtourism.org

If you choose to fly, you can rent vehicles at every airport listed below (with the driving time to the camp).

Worland, WY (1 hour)	Riverton, WY (2.5 hours)	Denver, CO (8 hours)
Cody, WY (2.5 hours)	Casper, WY (3.5 hours)	Salt Lake City, UT (8 hours)
Sheridan, WY (2.5 hours)	Billings, MT (4 hours)	

A car is not necessary during the program. If you would like to fly and prefer not to rent a car, fly into Worland or Casper. There is an excellent and pleasant bus connection from Casper to Worland. We will gladly provide transportation to and from Worland on the first and last days of the program for a fee (\$20 one way or \$35 round-trip).

Accommodations

The Tensleep Preserve's rustic guest facility offers a carefree and comfortable outdoor experience. While snug in a spacious, wood-floored wall tent (complete with two camp beds, thick mattresses, chairs and a cabinet), you will be surrounded by clean mountain air, bird songs, and just outside your door, a night sky full of dazzling stars. The newly constructed lodge contains a commercial kitchen, a multi-purpose room for

classes and meals, and a spacious, covered, outdoor deck for dining. Also located in the lodge are showers and bathrooms.

Meals

Family style dining enables you to savor delicious home-cooked meals and enjoy the camaraderie of fellow program participants and Audubon faculty. Vegetarian and non-red meat diets can be accommodated, but we cannot give special attention to restricted medical diets. Food items (for needs or cravings) can be purchased in town and stored in a common refrigerator. Please bring a water bottle for use on field trips as frequent hydration is important at high altitude.

Weather and Altitude

People say that if you don't like the weather in Wyoming, wait five minutes – it's true! Mountain climates hold a lot of variation so be prepared. We want you to be comfortable. Early mornings and late evenings will be cool (40-50 degrees). If you enjoy bird watching in the early hours, stargazing or singing around the campfire in the evening hours, bring layers for bundling up. Parkas, hats and gloves are recommended. The sun is very intense and the air very dry at 6,700 feet and days are usually quite warm (80-90 degrees). Clouds may build dramatically and brief afternoon showers may cool things off. We will be out for most of the small storms so bring rainwear. The altitude and dry air may cause you to initially experience breathlessness, fatigue, dizziness or occasionally nausea. Because of the time it takes for some people to acclimate to the altitude, you might consider traveling to northwest Wyoming a few days early and do some sightseeing on your own.

What to Bring

Since the weather is variable, you should be prepared for sun, rain, and cool temperatures. Wearing layers is recommended. Other personal items you will need to include:

- Warm sleeping bag and pillow
- Flashlight (there are no lights in the tents)
- Towel and washcloth
- Personal toiletries including soap
- Warm clothes (wool sweater or pile jacket is a must)
- Favorite outdoor items (binoculars, guide books, camera, fishing gear, etc.)
- Personal gear for field trips (tennis shoes and socks or tevas for wading through streams; sun hat and sunscreen; raincoat or poncho; quart water bottle per person; day pack; comfortable light weight hiking boots; mosquito repellent)

If you would like to fish, you will need to purchase a Wyoming fishing license available at most sporting good stores; in Ten Sleep, you can purchase one at Dirty Sally's Soda Fountain.

Pets

Please note that pets are not allowed at the preserve. We ask that you leave any pets at home as they cannot be accommodated.

Medical Services and Emergencies

Camp instructors and staff are trained in basic first aid and/or Wilderness First Responder. A hospital is located in Worland (approximately one hour drive from the camp). Emergency medical and evacuation procedures are at your own expense. Be sure to bring any medical prescriptions as there is no pharmacy in Ten Sleep. *The enclosed Medical Form must be completed and returned prior to the camp session.*

If your family needs to contact you for an **emergency** during the camp session in July, you may be reached at the camp office at **(307) 366-2671**.

Questions

All questions concerning the camp should be directed to the **Audubon Wyoming** office at **(307) 235-3485**.